

SESSION 1 FAMILY GUIDE

WHO DEFINES TRUTH?

Jesus is truth and determines what is true about His creation. Truth is founded in the person of Jesus Christ. Who Jesus is and what He says is the foundation of all truth. Unlike the world's competing views of truth or the ever-changing truths found in culture, the truth founded in Jesus Christ does not change. His eternal nature and authority as Creator determine that truth is absolute. To know Jesus and to follow His words is to know truth.

Key Verse: *John 14:6*

Key Passages: *John 1:1-18*

STUDY

What does the Bible say about who defines truth?

- The Bible affirms that truth is a Person—Jesus. As Creator, only Jesus holds the authority to declare what is true, and His eternal nature confirms that truth is absolute.

What does culture say about who defines truth?

- Culture often defines truth as relative—what's true for you may not be true for someone else. This belief is contradictory, as two opposing beliefs cannot both be true. (Example: Following Jesus and simply doing good works cannot both be the way to salvation.)

How does this change how you evaluate what is true in your own life?

- Having a relationship with Jesus and knowing God's Word help us to evaluate what is true and what is false so that we may live a life that is glorifying to God.

DISCUSS

- Why should it matter to know and believe truth?
- The world is full of competing views on truth. If a friend tells you that he does not think that we can always know what is true about life, how would you respond?
- Do we simply choose to believe statements or ideas because they make us feel good or are popular? Or is there a standard by which we should measure what is true?

PRAY

Take a few moments to pray over the concepts taught in this session. Thank God for sending His Son, Jesus, to reveal truth and for the truth of His Word. Confess any unbelief or sins that may be keeping you from believing Him. Ask God to help us value truth and discern what is true in order to bring Him glory.

SEEK TRUTH SCAVENGER HUNT

- Create three different scavenger hunt directions for finding various objects hidden in your home. The first one should have missing words or phrases (e.g. "Walk ____ steps ____ couch"). The second one should have words out of order or words used that do not make sense (e.g. "Go to the grass bed in the sandwich"). The third one should be the true scavenger hunt directions.
- Give preteens the directions listed in the order above. Allow some time for the frustration to set in before giving the final set of directions.
- Debrief as a family on how our world contains ideas that are completely untrue or may even contain partial truths, but they do not provide the complete truth. Discuss as a family how all truth originates from God and how we can turn to Him to find truth.